



## FORM 3- APPROVAL FOR SELF-ADMINISTERED EMERGENCY MEDICATION

### Parent/Guardian Permission Portion

Camper's Name: \_\_\_\_\_.

During their time at camp, the above-listed camper is authorized to have readily available (carry or possess outside of regular supervision of the camp's health staff) and self-administer as medically necessary:

Select all that apply or list other Emergency Self-Administered Medication Device

- Asthma Inhaler  
 Epinephrine Pen  
 Other \_\_\_\_\_

I have read the State of Maine Law below, and confirm that the camper has the knowledge and the skills to have readily available and safely administer the indicated emergency medication in camp.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Primary Health Care Provider Portion

Camper's Name \_\_\_\_\_

During their time at camp, the above-listed camper is permitted to have readily available (carry or possess outside of regular supervision of the camp's health staff) and self-administer as medically necessary:

Select all that apply or list other Emergency Self-Administered Medication Device

- Asthma Inhaler  
 Epinephrine Pen  
 Other \_\_\_\_\_

I have read the State of Maine Law below, and confirm that the camper has the knowledge and the skills to have readily available and safely administer the indicated emergency medication in camp.

Primary Health Care Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Summary of Maine Law of Self-Administration of Emergency Medications

Recreational camps for children; emergency medication. A recreational camp for boys and girls must have a written policy authorizing campers to self-administer emergency medication, including but not limited to, an asthma inhaler or epinephrine pen. The written policy must include the following requirements:

- A. A camper who self-administers emergency medication must have prior written approval from the camper's primary health care provider and the camper's parent/guardian.
- B. The camper's parent/guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp.
- C. The camp health staff must evaluate the camper's technique to ensure proper and effective use of the emergency medication at camp.
- D. The emergency medication must be readily available to the camper.

The full statute may be viewed at <http://janus.state.me.us/legis/statutes/22/title22sec2496.html>